

OTR-Podcast-2024Oct4

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SUMMARY KEYWORDS

unaffordable housing, tuition woes, safety concerns, modern sex, hookup culture, dating apps, sexual liberation, breath play, sex work, tantric intimacy, body wisdom, digital tools, sexual stigmatization, intimacy challenges, generational differences

SPEAKERS

Streeter 1, Streeter 3, Belle O'Neill, Samantha Manowitz, Anjali Venga, Streeter 5, Streeter 2, Streeter 6, Carly Pews, Streeter 4

- B** Belle O'Neill 00:00
Belle, welcome back to the OTR Podcast. I'm Belle O'Neill.
- C** Carly Pews 00:06
and I'm Carly Pews. This semester, we're doing things a bit differently for our podcast.
- B** Belle O'Neill 00:12
We're gonna focus on some of the big questions students have about their experiences at TMU.
- C** Carly Pews 00:17
from unaffordable housing in the GTA to tuition woes, to the safety around Yonge and Dundas, to
- B** Belle O'Neill 00:24
anything you want to talk to us about. Email us at ontherecordnews@torontomu.ca
- C** Carly Pews 00:31
today's big question is:What is sex in 2024?

B Belle O'Neill 00:35
let's talk about sex, baby. Let's talk about you and me...

C Carly Pews 00:41
Belle, what are you doing?

B Belle O'Neill 00:43
Just getting on theme for this week's podcast. Why does my singing make you uncomfortable?
Carly.

C Carly Pews 00:50
I mean, it would make me a little less uncomfortable if you could sing on key. Well,

B Belle O'Neill 00:55
be prepared to get even more uncomfortable. Car because I got a fun question for you,

C Carly Pews 01:00
oh no.

B Belle O'Neill 01:01
Who had an easier time getting it on you, or your parents?

C Carly Pews 01:05
I'm not answering that. My grandma listens to the show.

B Belle O'Neill 01:09
Well, tell granny Pews to buckle up between choking STDs only fans and grinder. What even is sex in 2024?

C Carly Pews 01:19

And more importantly, is anyone actually happy with it? We are exploring how hookup culture has evolved, and asking, Did our parents' generation have it easier?

B Belle O'Neill 01:30

Today we're talking about modern sex hookup culture, and whether it's gotten easier or harder compared to the past.

C Carly Pews 01:41

To kick things off, we hit the streets to ask you a big question, who had an easier time hooking up you or your parents?

S Streeter 1 01:49

Honestly, I think that there's a certain level of like disconnect with our generation having a lot of like relational sort of things be put digital takes, like a personal aspect out of it. And I think there was a lot of the connection that was done in person that we don't have on a day to day basis, whereas, like, our parents, definitely had more of, like, an emphasis on, like, being present and being with each other. And so obviously, I think in a sexual, like realm of things that, like, transfers completely, that's

S Streeter 2 02:21

a hard one to answer, because I out I haven't asked him about that ever, but I probably say we have an easier time as like people in this day and age, because we have different like tools to like, find people like back then it's like you just have to meet them in person. And here you have social media, you have you have apps like Tinder, bumble, etc, and it's like, a little bit easier, but I have no idea. I haven't asked them.

S Streeter 3 02:46

I think nowadays that with dating apps, in a way, it's become, like, so much more convenient. It's become a lot less personable for myself. I think because it's become less personal, never really get as close to the other person, so I can be a bit more intimidating. My

S Streeter 4 03:01

mom was, like, very hyper religious in her upbringing, and so, like, she wasn't even allowed to go to school dances, so she was not doing that. But also, like, kind of because there's just, like, less tracking, like my parents could just say they were going somewhere and go somewhere else, whereas, like, my mom knows where I am all the time, and that's not really a thing anymore. So I guess so. Like, in some ways, yeah, in other ways, no,

S

Streeter 5 03:31

I can easily say no. I have heard a lot of stories from my dad about how, like, it took, you know, so long, especially because he grew up in Cairo, it took so long to be able to get close to a girl. So he's always telling me, like, take advantage of the Western society. But I know that my mom, she grew up in Lebanon, and it was like it was a little bit different. You know, she may have had an easier time, but I know that my dad did not.

S

Streeter 6 04:00

My parents did not have an easier time hooking up, definitely because they're very boring, like they're they, they're their. Relationship was their first for each of them, so I definitely think they did not get any action before then

B

Belle O'Neill 04:16

Sex, especially for women, has become way less stigmatized Now than, say, 40 years ago, with LGBTQ two plus communities becoming more influential in society, the conversations around sexual liberation has changed a lot since, say, our parents' generation.

C

Carly Pews 04:36

We saw a similar movement in the 60s where free love and sexual liberation became a larger conversation attached to the hippie movement, but there was arguably still a lot of backlash compared to nowadays...

B

Belle O'Neill 04:48

not to mention, hookup culture is way more widely accepted and made more readily available through digital tools like dating apps, Tinder, Hinge, right, Grinder, Christian Mingle. Ashley Madison, there's pretty much an app for every niche corner of the dating world.

C

Carly Pews 05:08

Not only is sex more accessible for our generation, but fantasies, fetishes and kinks are being more widely discussed, making it appear more normalized in practice. In our society, we can see it through trending porn videos and in viral challenges that promote unsafe sex, like tiktoks blackout challenges by advertising it,

B

Belle O'Neill 05:27

making it readily available and by being more widely discussed, these trends are becoming socially normalized for today's generation. Here to talk about it is Samantha Manowitz, certified

sex therapist,

S Samantha Manowitz 05:41

when you're just looking at the things that like look kind of cool or look kind of sexy, and you're not pairing it with the the rhetoric of consent that can cause harm, especially when it comes to something like choking. So choking has been or what kinky folks will call breath play, which is anything where your ability to intake oxygen is impeded. So it could be through strangulation. It could be through constricting your carotid arteries, laying on your chest so you can't breathe, that kind of thing, like anything along those lines. And there are BDSM educators who will not touch breath play with a 10 foot pole because it is such a dangerous activity, and it is something that has caused death.

B Belle O'Neill 06:29

In today's day and age, we see a new emergence of sex work in a larger variety of ways than when our parents were younger, like through sex centered acting and modeling via online sites like onlyfans. But it's not just in the digital world we see a new emergence of sex focused work.

C Carly Pews 06:46

For that, we spoke with Anjali Venga, a tantric intimacy coach and host of a podcast on sex positivity and Tantra. The podcast is called BodyTalk with Anjali, you can find it on iTunes or Spotify. Here's what she had to say about how practices like Tantra can help us reconnect with ourselves and our partners in this modern world.

A Anjali Venga 07:07

I call myself a Tantra coach, body worker, facilitator, so I can do workshop spaces, but it can be as simple as like, tomorrow's the new moon, and I'm planning to get together with some girlfriends and do a little ritual ceremony, nothing to do with sex, but always embodied. So I think for me, once I learned it's like a click, it's like learning to walk or something. You know, society's cock blocked us from our body wisdom for so long, but once you get it back. Now, if I'm stressed on the subway or I'm like whatever, I just know how to regulate my body immediately. Or if there's a pain, I know where to tap it like I sort of just get it. So I teach that to people, but yeah, so with bodywork, I move their energies a bit, and then, and I've only done a full massage on men, because those are the people who hit me up for I've done some, I've done a lot of breast massage for women, but like, the full with genital and stuff too. And yeah, and that's beautiful.

B Belle O'Neill 07:59

It's clear that while we may have more tools at our disposal, from dating apps to online platforms like onlyfans, intimacy in 2024 seems to come with its own set of advantages and disadvantages.

C Carly Pews 08:13

We wanted to hear what you thought. So, starting with right outside our newsroom, the physical poll results are in 38.5% of you thought your parents' generation had an easier time hooking up. And 61.5% of you thought our generation had an easier time hooking up.

B Belle O'Neill 08:31

Remember, if you have a big question for us, email us@ontherecordnews.ca I'm Belle O'Neill

C Carly Pews 08:39

and I'm Carly Pews. Talk to you next week you.