

# OTR-2024JAN26

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## SUMMARY KEYWORDS

energy drinks, toronto, record, high, red bull, king, january, romance, degrees, behaviour, day, performance, stating, nicotine, strong, youth, talia, negative, stories, clark

## SPEAKERS

Talia Saley, Soukita Morgan, Erica Wedgbury, Aishah Ashraf, Monse Quintana Ramos

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**T** Talia Saley 00:13

Good morning and thanks for joining us today. I'm Talia Saley.

**M** Monse Quintana Ramos 00:16

And I'm Monse Quintana Ramos. Here's some of the stories we're following for you this morning from On The Record newsroom. Toronto's first bike race fundraising event is happening this Saturday, starting at 1pm. At Asquith Green Park. People are welcome to join the activity and all collected funds will go towards the Hawza some birds, there are a biker community in class that delivers food to those in need. After the race organisers invite everyone for an after party barbecue.

**T** Talia Saley 00:48

Ontario is planning to expand their kindergarten curriculum back by rerouting back to basics learning said Education Minister Stephen Lecce on Tuesday. They plan to implemented fully in September 2025. The new curriculum proposes to help students with a seamless transition into grade one. They plan to enforce stronger skills on reading, writing and math. Those expectations will be demonstrated through sound letter relationships, vocabulary, fractions, coding and patterns.

**M** Monse Quintana Ramos 01:18

A Toronto art show has now opened their spring summer 2020 forecast called for models and designers. Fashion our Toronto is looking for models of all sizes, shapes, ethnicities, gender and abilities are welcome. If you're a returning model, there's no need to reapply. The institution encourages creatives to apply before February 12, 2024 You can find the form at [fashionarttoronto.ca](http://fashionarttoronto.ca)

**T** Talia Saley 01:44

Have you ever wondered if nicotine free vapes are a healthier option to nicotine vapes. According to a recent study, they have found that nicotine free vapes can still damage the lungs through a protein found in the nicotine free vape fluid. This protein can lead to stress, inflammation and loss of function in the blood vessels, ultimately leading to lung injury.

**M** Monse Quintana Ramos 02:06

The Journal of Public Health is out with new information that warns about the consumption of energy drinks and depression. With more here's Erica Wedgebury.

**E** Erica Wedgbury 02:17

A recent study published in the journal public health has revealed that the consumption of energy drinks amongst youth is linked to depression, anxiety and ADHD. Amelia lake a researcher associated with the study states that the energy drinks are marketed to youth to improve energy and performance. The evidence shows that energy drinks are harmful to the mental and physical health of children and young people. Energy drink companies have been known for sponsoring youth institutions such as sports events and universities. The energy drink Red Bull is currently associated with Toronto metropolitan University's creative school as a sponsor the Red Bull Gaming Hub located on the second floor of the Rogers communication centre. The Creator school has denied that the Red Bull Gaming Hub encourages the consumption of energy drinks stating that the creative school does not endorse energy drinks and that Red Bull only helped to build a lab, which is why it's included in the name of the facility. The Gaming Hub features a variety of gaming consoles along with a fridge stocked with Red Bull cans that can be purchased by students. Red wall also has its own dispenser inside one of the TMU's student campus centres and other energy drinks such as monster and rain can be purchased vending machines across campus. Energy drink companies also often show up at university campuses to promote their products. Madison Dolma a consumer engagement marketer for Monster Energy says that the company does not typically need a contract to attend university events unless they're entering the building. Noreen Kalia, a registered dietitian and Nutrition Consultant at life Berry says that the energy drinks are not products that she would usually recommend due to the high caffeine content. Khalil doesn't believe that it's a greatest idea for energy drinks to be offered in schools, stating that the general safe amount of caffeine that an adult to consume is up to 400 milligrammes daily, and even less for those younger such as children and youth. From On The Record, I'm Erica Wedgebury.

**T** Talia Saley 04:05

A spokesperson for David gales family confirm that the actor passed away from a sudden cardiac arrest. With that and more on your entertainment headlines. Here's Soukita Morgan.

**S** Soukita Morgan 04:16

Hello everyone. Here are the stories that have been following this week. A spokesperson for David

hello, everyone. Here are the stories I've been following this week. A spokesperson for David Gill Stanley confirmed that the actor passed away from a sudden cardiac arrest on January 16 2024, Gil's publicist confirmed that the actor was found unresponsive by emergency personnel who perform CPR and defibrillation in an attempt to save Gil's life. He was put on life support for several days before he was sadly pronounced dead on January 16. Following his part in 90210, Gil has starred in numerous roles including his reoccurring appearance on General Hospital on the General Hospital spin off for Charles, where he played Dr. Joe Scanlon. In other news, the romance of Travis Kelce and Taylor Swift is still going strong. Kansas City Chiefs owner and CEO Clark Hunt shut down the allegation that Kelsey and Swift romance is purely for publicity. He told Mad Money host Jim Cramer that when they first started dating, there were a lot of people saying, Oh, it's a marketing stunt. But no, it's very real. Hunts and other romance is very interesting. And it's been very it's been a very fun year having the two of them dating. Well, for the time being Kelsey and Swift are going strong, and their relationship according to Hunt is very real. Another matter, Elle King is in the hot seat following her controversial performance at Dolly Parton's tribute concert that was held at Nashville's Grand Ole Opry. On January 19, Dolly Parton celebrated her 78th birthday, with the likes of Terry Clark to yearly gold and Ashley Monroe took this to the stage to pay tribute to the reigning queen of country. King was seen performing whilst reportedly being under the influence. She was sweating profusely and at one point even saying, I am so effing hammered. She told the audience don't tell Dolly in regards to her behaviour. The situation resulted in the venue apologising on January 28. On the platform X for King's behaviour, we deeply regret and apologise for the language that was used during last night's second opera performance despite King's performance, we wish a happy seventh birthday. This has been your weekly entertainment update on the for On The Record. I'm Soukita Morgan.

M

Monse Quintana Ramos 06:27

Let's take a look at the weather for this week. Here's Aishah Ashraf with more.

A

Aishah Ashraf 06:34

Good morning everyone. Thank you for tuning in to On The Record weather. Let's take a look at today's temperature highs. Toronto's high is at five degrees with some showers in the neighbouring cities. Mississauga and St Catharines will also see highs of five degrees and heavy rain. There seems to be a pattern of rainfall as many new markets are showing up in Brantford, Guelph, Kitchener and Hamilton will also be having showers with the high of four degrees. Your umbrella is going to be your best friend today. Going on to the five day forecast. Let's take a look at what we have in store for this coming week. Starting with Saturday, you can expect a chilly day with the high of four degrees and a low of zero. Moving on to Sunday we'll have a high of three degrees and a low of negative one to be prepared for some rain and showers throughout the day as well. Monday will be the coldest day of the week as temperatures dip. We'll see a high of negative two but it will get colder as we'll reach a low of negative five. Tuesday will bring us a high of negative one but a low of negative five. Expect another cloudy day I was removed throughout the work week. Things will be picking up on Wednesday as we reach a high of six degrees and an overnight low of negative one with cloudy skies once again. And that is your weather update. I'm Aishah Ashraf for On The Record back to you Monse and Talia.



Talia Saley 07:59

that's all for On The Record this January 26 2024. I'm Talia Saley



Monse Quintana Ramos 08:04

and I'm once again gonna join us for On The Record next week as we round out the latest stories from the OTR newsroom. Have a great day